

Speakers

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Umberto Simeoni
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Nikos Papadopoulos
Associate Professor in Allergy and Pediatric Allergy, Head, Allergy Department,
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Evangelia Charmandari
Associate Professor Pediatrics
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Science for Better Nutrition

The Nestlé Nutrition Institute (NNI) shares leading science based information and education with health professionals, scientists, nutrition communities and stakeholders in an interactive way. The Institute fosters "Science for Better Nutrition" to contribute to the enhancement of the quality of people’s lives all over the world through an elaborated network of resources that include: over 400 online conferences, Scientific Workshops and Satellite Symposia, Academic Fellowships, Nutrition Courses, E-learning, Practical tools, Medline indexed publication series, which makes NNI the world’s largest private publisher of nutritional information. All of these resources and more are also available online at www.nestlenutrition-institute.org
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NNI European Scientific Meeting

Maternal and Infant Nutrition: The First 1000 days in a moment of crisis

5th April 2013 – Aretaieio Hospital Amphitheater



Wellcome note

It is with great pleasure that we invite you to the NNI European Meeting in Switzerland.

We are looking forward to sharing the latest insights with you on the topic of "Nutrition and growth in the first 1000 days of long-term impact".

Various studies have shown that nutrition in the first 1000 days of life, in other words during pregnancy and in the first 2 years of life, can have a long-term impact on the healthy growth of infants, thus putting this early childhood development into particular focus.

This NNI Meeting will target the topic from various angles, with internationally renowned speakers presenting the latest insights and developments.

We not only hope to generate a lively exchange of views and ideas, allowing plenty of room for discussion, but we also intend to spotlight different research approaches.

The Nestlé Nutrition Institute is delighted to welcome you to this acclaimed international meeting – let us jointly discover more about new concepts for healthy growth!



Dr. med. Mike Poíner
Nestlé Nutrition Institute

SATURDAY, 5 APRIL 2014

08:30 - 09:00 Welcome coffee

- 09:00-09:15 Welcome – Introduction
- 09:15-09:35 Data from a perinatal survey by the Hellenic Health Council
Ariadne Malamitsi - Puchner, Greece
- 09:35-10:05 The importance of the first 1000 days for long-term health
Mike Possner, Germany

Part 1: Fetal Programming

- 10:05-10:35 The importance of perinatal programming for long term health
Andreas Plagemann, Germany
- 10:35-11:05 The role of Maternal Nutrition in Fetal Programming
Umberto Simeoni, France

11:05-11:35 Discussion

11:35 - 12:00 Coffee Break

Part 2: The growing burden of allergy

- 12:00-12:30 The Greek Reality in allergic manifestations:
Can we afford not to prevent?
Nikos Papadopoulos, Greece
- 12:30-13:00 Nutritional Intervention Strategies for Allergy Prevention:
Findings from the German Infant Nutritional Intervention Program.
Dr. Andrea Von Berg, Germany

13:00-13:15 Discussion

13:15 - 14:15 Lunch Break

SATURDAY, 5 APRIL 2014

Part 3: Childhood obesity: an uprising problem

- 14:15-14:45 Greek Reality in Childhood Obesity and current preventive strategies
Evangelia Charmandari, Greece
- 14:45-15:15 The early Protein hypothesis and the role of early infant nutrition
Mike Possner, Germany

15:15-15:30 Discussion

Part 4: The epidemic of c-section

- 15:30-16:00 Impact of Caesarean Section in the neonate
Ariadne Malamitsi-Puchner, Greece
- 16:00-16:30 Effects of probiotics in early infant nutrition
Prof. Hania Szajewska, Poland

16:30-16:45 Discussion

16:45 - 17:00 Coffee Break

Part 5: Challenges in premature babies

- 17:00-17:30 Feeding the preterm infant
Dr. Walter A. Mihatsch, Germany

17:30-17:45 Discussion

- 17:45-18:15 Panel Discussion