



EUROPEAN WORKSHOP

FOR PREVENTION OF OBESITY

World Obesity Day

DATE
Tuesday, March
4th, 2025



TIME
9.30 – 13.00
CET



Open to researchers, clinicians and
related professionals

REGISTER NOW

Contact in case of any questions:

 info@epr obes.eu

**FREE
UNTIL FULL
CAPACITY**

**HYBRID EVENT CELEBRATED
IN BRUSSELS**



DETAILED PROGRAMME

World Obesity Day – European Workshop

09.00 - 09.25: Reception of participants.

09.25 - 09.30: Welcome.

PANEL 1. 'EARLY RISK FACTORS FOR OBESITY: FROM CONCEPTION TO PUBERTY' CHAIR: ANNE SIMONE PARENT

09.30 - 09.45	Felip Vilella	Periconceptional determinants of obesity.
09.45 - 10.00	Susan Ozanne	Developmental and gestational origins of obesity.
10.00 - 10.15	Anders Juul	Child obesity and puberty: reciprocal interactions.
10.15 - 10.25	Q&A and debate	Moderated by the panel Chair.

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PANEL 2. 'PREVENTING OBESITY: FROM MECHANISMS TO INTERVENTIONS'. CHAIR: FERNANDO FERNÁNDEZ

10.25 - 10.40	Sebastien Bouret	Obesity as a brain disease - implications for prevention.
10.40 - 10.55	Itziar Tueros	Preventing obesity and diet-related diseases via innovative diet-monitoring and personalised nutrition.
10.55 - 11.10	David Thivel	Fighting obesity & sedentarism with exercise.
11.10 - 11.20	Q&A and debate	Moderated by the panel chair.

11.20 - 11.50: Networking Coffee.

11.50 - 12.00: Early prevention of obesity projects: eprObes and BIO-STREAMS.

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PANEL 3. 'GLOBAL STRATEGIES FOR OBESITY PREVENTION' CHAIR: MANUEL TENA

12.00 - 12.15	Paulo Oliveira	OBEClust. European Cluster of Obesity Research Projects.
12.15 - 12.30	María del Puy Portillo	Spanish Network for Research in Obesity & Nutrition (CIBERObn).
12.30 - 12.45	Giuseppina Luvara	European Union R&I policy on Food 2030 and Obesity.
12.45 - 12.55	Q&A and debate	Moderated by the panel chair.

12.55 - 13.00: Final conclusions and closure.



PARTICIPATION

The workshop is open to the participation of researchers, clinicians or industry professionals.

The participation is free of charge.

The event is hybrid, so allowing in-person or virtual participation.

There is no more room for in-person participants, but virtual participants can register until online full capacity is reached.

MEETING VENUE

The meeting will take place at
Hotel Warwick
Rue Duquesnoy 5, 1000
BRUSSELS, BELGIUM

WOULD YOU LIKE TO ATTEND ONLINE?

REGISTER NOW



FUNDED BY THE
EUROPEAN UNION
GRANT AGREEMENT NO 101080219

eprObes (Early Prevention of Obesity)
is a European research project focused on advancing knowledge and solutions for early obesity prevention and management. It integrates diverse disciplines to develop innovative strategies and improve public health outcomes.

Horizon Europe

The European Union's key funding program for research and innovation, running from 2021 to 2027 with a budget of €95.5 billion. It aims to tackle global challenges, drive economic growth, and foster technological and scientific excellence.

OBEClust

European Cluster of Obesity Research Projects is a network of EU-funded projects dedicated to addressing obesity through interdisciplinary collaboration. It connects projects to enhance research impact and foster sustainable solutions to the obesity epidemic.

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